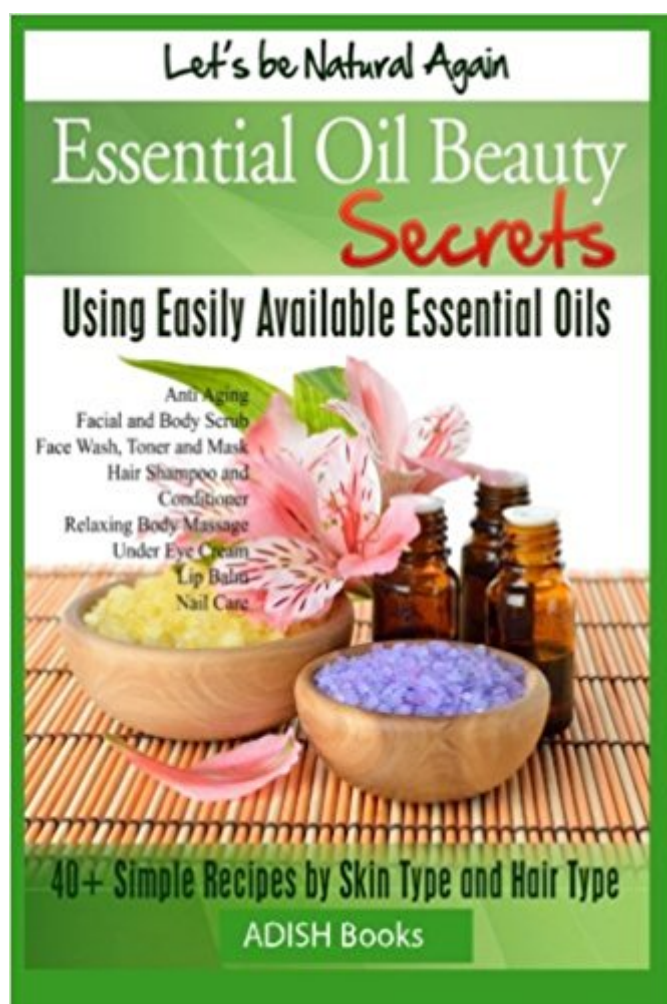


The book was found

Essential Oil Beauty Secrets: Make Beauty Products At Home For Skin Care, Hair Care, Lip Care, Nail Care And Body Massage For Glowing, Radiant Skin And Shiny Hairs





Synopsis

**** HOW TO GET YOUR RADIANT, GLOWING, YOUNGER SELF BACK**** It's the natural right of every woman to look beautiful. If you want to claim that right this book can help. -----

LOVE YOUR BODY: GO FOR NATURAL----- Nature didn't design our bodies to absorb all of these chemicals. Our bodies are accumulating toxic materials day by day, and these foreign materials are harming our bodies because our bodies don't know what to do with them. What is the solution? We need to give our bodies some breathing space by reducing the rate of chemical injection into them. This would allow them to start their inherent purification process to remove these toxic materials. We cannot remove all these materials from our lives immediately without having proper replacements for them, but we can try to make an honest difference for our bodies. We can begin the long journey of detoxifying the body in small steps, starting with our outer selves. By replacing our chemical cosmetics with the natural products, you will be on the road to cleansing your body and allowing it to heal. And who is going to do it? Nobody but you. How do you care for your skin, hair, and nails, etc. using natural products? The answer is essential oils. This book provides you with details of chemical-free recipes and natural alternatives to potentially harmful hair and skin care products. You will gain an understanding of how the anti-bacterial properties in essential oils work to treat numerous skin conditions including acne, pimples, eczema, psoriasis, and more. Using the information provided in this book, carefully choose the essential oils that meet your needs and preferences. Always keep safety precautions in mind. Learn more about your preferred essential oils and experiment with your own blends. What are essential oils? Essential oils are natural oils that are extracted from plants. Unlike actual oils, essential oils do not contain fatty acids. Instead, these are highly concentrated plant elements, which possess potent qualities for medicinal and cosmetic purposes. A wide variety of essential oils is available for selections, and each has its own distinct properties. Finding the right one for you can be overwhelming. Hence, familiarize yourself with the various types of essential oils which are essential for beauty care. In this book you will find:-

- What are the benefits of essential oils.
- A list of easily available and most effective essential oils with detail descriptions.
- A list of essential oils which are not good for your skin.
- Recipes for making beauty care products at home.

This book is an attempt to give simple methods to make beauty care products at home using essential oils and other organic ingredients which are easily available. These products may be simple to make, but they are very powerful in their effects. After reading this book, you will be able to create your own skin care creams, toners, masks, hair treatments, facial cleansers, moisturizers, etc. You will find simple recipes for

• Skin Care

(Different recipes for different skin types) [Hair Care](#) (Different recipes for different hair types) [Lip Care](#) [Nail Care](#) [Eye Care](#) [Body care](#) (massage oils, different recipes for different seasons) This book describes only selected recipes so as to avoid confusion regarding what to choose. In no time, you will be able to prepare a natural, organic beauty product at home and at a fraction of the cost of conventional chemical products. Download now and take your beauty care campaign to the lap of nature. Scroll to the top of the page and select the buy button.

Book Information

Paperback: 140 pages

Publisher: CreateSpace Independent Publishing Platform; 7.1.2013 edition (July 31, 2013)

Language: English

ISBN-10: 1491244933

ISBN-13: 978-1491244937

Product Dimensions: 6 x 0.3 x 9 inches

Shipping Weight: 9.4 ounces (View shipping rates and policies)

Average Customer Review: 3.8 out of 5 stars 51 customer reviews

Best Sellers Rank: #945,068 in Books (See Top 100 in Books) #31 in [Books > Health, Fitness & Dieting > Beauty, Grooming, & Style > Hair](#) #37 in [Books > Health, Fitness & Dieting > Beauty, Grooming, & Style > Skin Care](#) #566 in [Books > Health, Fitness & Dieting > Alternative Medicine > Aromatherapy](#)

Customer Reviews

The author seems to be very confused about the difference between essential oils and expressed fatty oils. Oils such as argan oil and evening primrose oil are not essential oils. This book is full of many errors and I do not recommend it for anyone who is serious about learning about essential oils. In fact a great many of the recipes for skin care products she provides in this book don't contain any essential oils whatsoever. There are a great many books available that would be far more helpful than this one.

This is a good reference for the hobby user looking to make these things at home for whatever reason. My skin care products were not doing it for me. I had recently started using oils, and I wanted to try to custom design a regimen for myself. This book is a good start for that. Since reading this book, I have gone even deeper into various carrier oils and creams and what each one

brings to the table, but this book will give you enough good information to design, build, and tweak a really good line just for you, and other custom products for others in your family with needs different from your own. I recommend this for the serious oil hobbyist.

I learned a lot about essential oils from this book and it has a few nice recipes for homemade facial serums and others as well. I have already begun to use my first homemade serum and so far so good. It is wise to write down the exact amounts you use as you personalize your serum so you can know what needs to be changed if anything. It sure beats the cost of purchasing it! The ingredients are an investment as well but the rewards are a lot of savings and it will pay for itself in no time at all.

Not bad to keep in your collection but nothing I had to learn. It did reinforce my goal to stay with natural ingredients.

This book is written by someone who obviously knows their subject. There are instructions to help find your skin and hair types. There are many suggestions for making your own products, which will prevent the need to buy expensive commercial alternatives. This is a good book for those who want to take charge of their well-being. Another good book for further information and many more recipes is *Natural Cures - Home Remedies For Natural Relief*

I find *Essential Oils Beauty Secrets*: has a very good collection of natural products for the skin, hair, and body, to make at home. This book is written by a professional who really has great knowledge to share on the subject. Plus, most of the natural ingredients are easy to find locally. Filled with vital information for the DIY personality. If going natural is your thing then add this Kindle edition to your collection.

Great collection of recipes of easily available natural product. It helped me to find easy and effective solutions my skin and hair care. I always felt itchy and dry skin after using cosmetic products. These natural recipes have more soothing and relaxing effect. I feel more fresh than ever before. Thank you Pamesh

I thought this book was interesting and I will try a few recipes. However, I have trouble with books that don't appear to have been reviewed for errors before publishing. I read the Kindle version. I

often wonder if these errors also appear in the print version. For instance, the recipe for Chamomile Lavender Sugar Scrub for Combination Skin lists both salt and lavender twice with no amounts given for sugar or chamomile. Obviously, one of the salt amounts should be for sugar and one of the lavenders should be chamomile. Another ingredient line in the same recipe says "1/2 baking soda". 1/2 what? Cup? Tablespoon? The author also lists several essential oils that should only be used alone, then proceeds to use several of these in recipes where they are combined with other essential oils. This was frustrating. An explanation as to why she was breaking her rule about their use would have added credibility. In summary, it was interesting but I would have preferred if the author had paid more attention to detail while writing the book.

[Download to continue reading...](#)

Essential Oil Beauty Secrets: Make Beauty Products at Home for Skin Care, Hair Care, Lip Care, Nail Care and Body Massage for Glowing, Radiant Skin and Shiny Hairs How To Find Shiny Pokemon In Pokemon X-Y: Complete guide on how to get shiny Pokemon in Pokemon X-Y Shiny Pokemon secrets Increase your odds of obtaining shiny Pokemon Essential Oils Beauty Secrets Reloaded: How To Make Beauty Products At Home for Skin, Hair & Body Care: A Step by Step Guide & 70 Simple Recipes for Any Skin Type and Hair Type Nail Fungus Treatment: Cure Nail Fungus Naturally With This Fast Toenail Fungus Treatment and Toenail Fungus Cures (nail fungus cures, nail fungus treatment, nail fungus) Hair Loss: Hair Loss Solutions for Beginners - Hair Loss Basic Guide - Hair Loss Cure (Hair Loss Protocol - Hair Loss Black Book - Hair Loss for Dummies 1) Oil Painting: Learn Oil Painting FAST! Learn the Basics of Oil Painting In No Time (Oil Painting Tutorial, Oil Painting Books, Oil Painting For Beginners, Oil Painting Course, Oil Painting) (Volume 1) Coconut Oil and Apple Cider Vinegar Handbook: Use Coconut Oil and Apple Cider Vinegar for Healing, Curing, Beauty, and Glowing Radiant Skin The Men's Hair Book: A Male's Guide To Hair Care, Hair Styles, Hair Grooming, Hair Products and Rocking It All Without The Baloney Homemade Organic Skin & Body Care: Easy DIY Recipes and Natural Beauty Tips for Glowing Skin (Body Butters, Essential Oils, Natural Makeup, Masks, Lotions, Body Scrubs & More - 100% Cruelty Free) Hair Loss Prevention: #1 Hair Loss Prevention And Reversal Techniques, Methods, Treatments And Remedies (Hair Loss, Hair Loss Cure, Hair Loss In Women, ... Protocol, Hair Loss Black book, Baldness) 100 Tips For Hair Loss: How to Deal With Hair Loss and Assist Your Hair Growth (hair loss, hair growth, alopecia, grow hair, baldness, balding) Hair Loss Cure & Treatment: Prevention & Effective Natural Regrowth Methods (Hair Loss Prevention, Hair Loss Treatment, Hair Loss Cure, Hair Loss For Men, Hair Regrowth, Self Help) Body Scrubs: 30 Organic Homemade Body And Face Scrubs, The Best All-Natural Recipes For Soft, Radiant And Youthful Skin (Organic Body Care

Recipes, Homemade Beauty Products, Bath Teas Book 1) Essential Oils: 50 Essential Oil Dog & Cat Recipes From My Essential Oil Private Collection: Proven Essential Oil Recipes That Work! (Essential Oil Pet Private Collection Book 1) Hair Loss: How it Happens and How to Fix It (Hair Loss, beauty and fashion, hair, loss, aging parents, hair growth, healthy hair) Natural Beauty: Radiant Skin Care Secrets & Homemade Beauty Recipes From the World's Most Unforgettable Women (Essential Oil for Beginners Series) Hair Loss: 5 Easy Steps To Stop and Prevent Hair Loss (hair loss, hair care, bald, beauty care, personal hygiene, natural health remedies, personal health care) Anti Aging: The Best Anti Aging Beauty Products, Anti Aging Medicines and Anti Aging Skin Care Treatments to Make You Look and Feel Younger (Anti Aging, ... Secrets, Anti Aging Diet, Beauty Products) Hair Loss Cure: Everything You Need to Know About Hair Loss, Hair Loss Prevention, Hair Re-growth and Hair Loss Treatments (Hairloss treatment) Essential Oils Box Set #17: Coconut Oil for Skin Care & Hair Loss & Healing Babies and Children with Aromatherapy for Beginners (Coconut Oils, Skin Care, ... Healing, Detox, Virgin Coconut Oil)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)